

October 2002

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	4
Cinnamon Toast	English Muffins	Blueberry Muffin	Cheesy Toast	Coffee Cake
Cheese Ravioli Green Beans Pears	Corn Dogs Baby Carrots Oranges	Fish Fillet Rice Peas and Carrots Applesauce	Macaroni 'n' Cheese Mixed Veggies Peaches	Mini Cheese Pizza Broccoli Bananas
ABC Cookies	Apples	Grahams	Bananas	Oatmeal Cookies
7	8	9	10	11
Bran Muffin	Toast w/Jelly	Cranberry Muffin	Bananas w/Granola	Bagels w/Cr. Cheese
Spaghetti Garlic Bread Mixed Veggies Pears	Tuna Melts Peas & Carrots Bananas	Teriyaki Chicken Rice Carrot Coins Pineapple	Lasagna Garlic Bread Sticks Corn Apples	Grilled Cheese Sandwiches Carrots & Cukes Bananas
Goldfish	Apples	Chex Mix	Oranges	ABC Cookies
14	15	16	17	18
	English Muffins	Bran Muffin	Cinnamon Rolls	Waffles
Columbus Day ACCC Closed	Bean & Cheese Quesadilla Corn Peaches	Tomato Soup Cheese Biscuits Pears	Chicken Nuggets Tater Tots Broccoli Apples	Jelly Sandwich Pretzels Cukes Oranges
	Pretzel Mix	Bananas	Grahams	pears
21	22	23	24	25
Bran Muffins	Cheesy Biscuits	Muffins	Pancakes	Cornbread
Hamburgers Tater Tots Tomatoes & Pickles Pears	Buttered Pasta Peas & Carrots Cheese Sticks Apples	Tacos Salad Corn Fruit Cocktail	BBQ Chicken Rice Mixed Veggies Bananas	Turkey Sandwich Cukes Baby Carrots Oranges
Bananas	Goldfish	Oranges	Apples	ABC Cookies
28	29	30	31	1
Cinnamon Toast	Banana Bread	Blueberry Muffin	Cheesy Bagels	Muffins
Pizza Quesadilla Mixed Veggies Apples	Cheese Ravioli Green Beans Pears	49'ers Casserole (Beanie Weanie) Corn Bread Peaches	Goulash Green Beans Bananas Garlic Bread	Tuna Melts Peas & Carrots Bananas
Cherrio Mix	Oranges	ABC Cookies	Party	Apples

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup
 Noodles/Rice/etc. 1/4 Cup Milk/Juice/Water 3/4 cup

ALL SNACKS ARE SERVED WITH MILK, JUICE OR WATER *SNACKS SERVED WITH MILK.